



# GENOTYPE TESTING FOR TAILOR-MADE IVF TREATMENT

## GENOTYPE TESTING FOR FSH-R, FSH-B AND LHCGR GENES POLYMORPHISMS IN WOMEN UNDERGOING OVARIAN STIMULATION

- Around 15% child-bearing age women are affected by infertility worldwide. In vitro fertilization is one way to assist these women to conceive.
- The treatment involves a critical step of ovarian stimulation using gonadotropins, to obtain an optimum number of mature oocytes without the risk of ovarian hyperstimulation syndrome (OHSS)

#### Why FSH polymorphisms?

- Two important genes have been already identified as FSH-R and FSH-B which play a vital role in to achieve ovarian stimulation in assisted reproductive technologies.
- Variations in the FSH-R and FSH-B genes can affect the IVF treatment outcomes. Timely detection can help you have a safe and optimum dose
- IVF cannot be **"One size fits all". Patient's genotype** will be a key to decide what dose of hormone is suitable for them.
- About 3 to 8% of the women suffer from moderate to severe form of OHSS
- Risk of hyperstimulation is more in PCOD patients and hence optimum dose is essential

#### Benefits of pharmacogenomics (PGx) approach in IVF treatment

- Helps in designing a tailor-made treatment for women undergoing in vitro fertilization so that a safe and tolerable dose enough for ovarian stimulation can be administered.
- May also help in choosing the type of gonadotropin (uterine vs recombinant FSH) based on the results of this test
- Minimize risk of OHSS which occurs due to excess ovarian stimulation and may result in weight gain, abdominal enlargement, pain and blood clots.
- The hormone requirement will also be different depending on whether you have normal infertility or it is associated with conditions such as endometriosis.

#### **Our Solution**



AyuGen is soon launching another cutting edge molecular genetic test for FSH - R and FSH - B variants that may make a revolutionary change in your IVF treatment

Gene	Effect of variations
FSH-R	Women who are carriers of specific variations need higher dose of gonadotropin for ovarian stimulation.
FSH-B	A particular allele is associated with poor response to ovarian stimulation.

#### **Sample Requirement**

The preferred sample is 3 mL blood in EDTA tube or buccal swab or saliva Turn-around-time: 3 to 5 days

### Who should get tested?

Women who have been recommended IVF treatment to help them conceive.



For more information,

- © 020-2553 8990, 8390088990, 9158927941 for sample collection or further information.
- wisit www.ayugen.com

#### References

• Conforti A, et al. Front Endocrinol. 2022 • Simoni M et al. Hum Reprod Update. 2018 • Bianco B et al. Front Endocrinol 2021

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